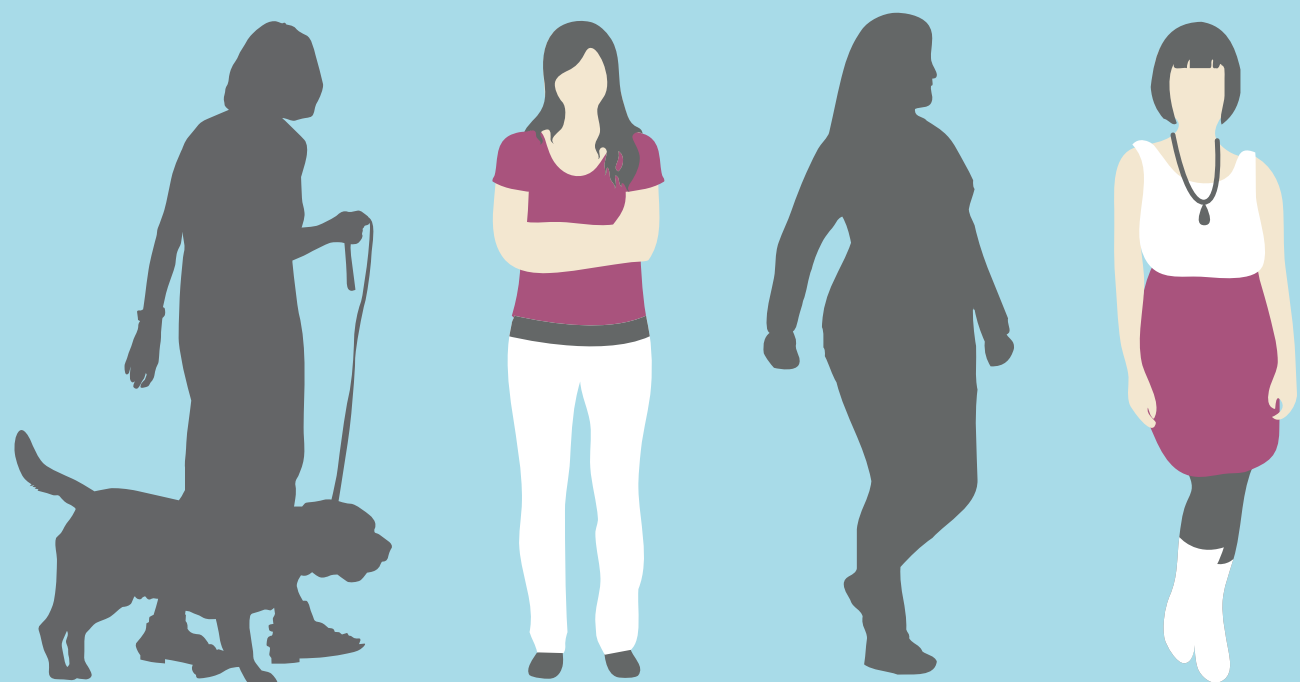
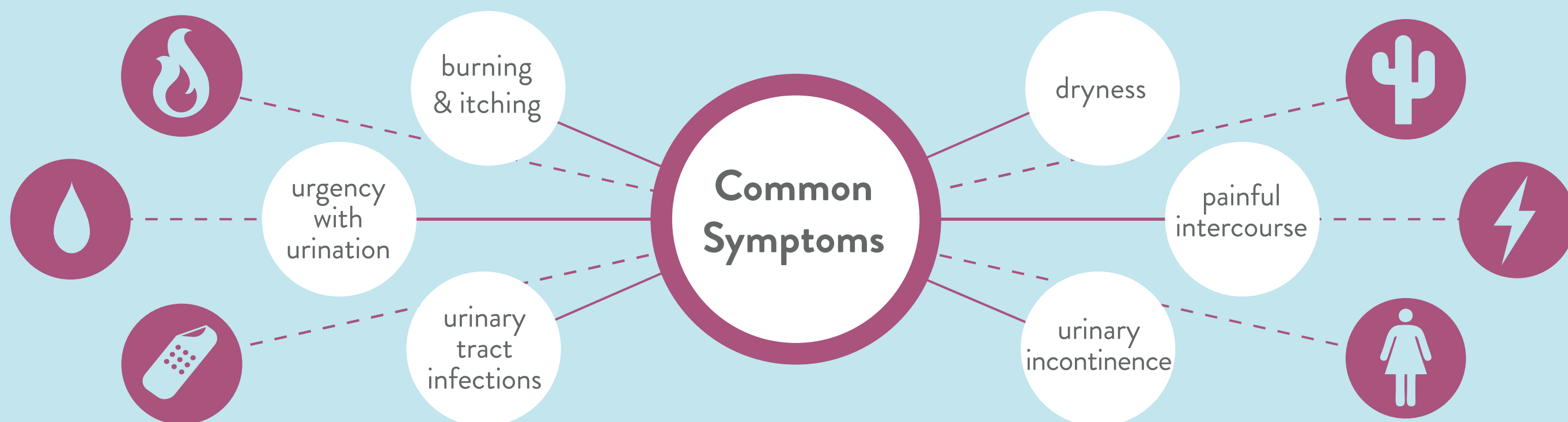


Start Talking VA

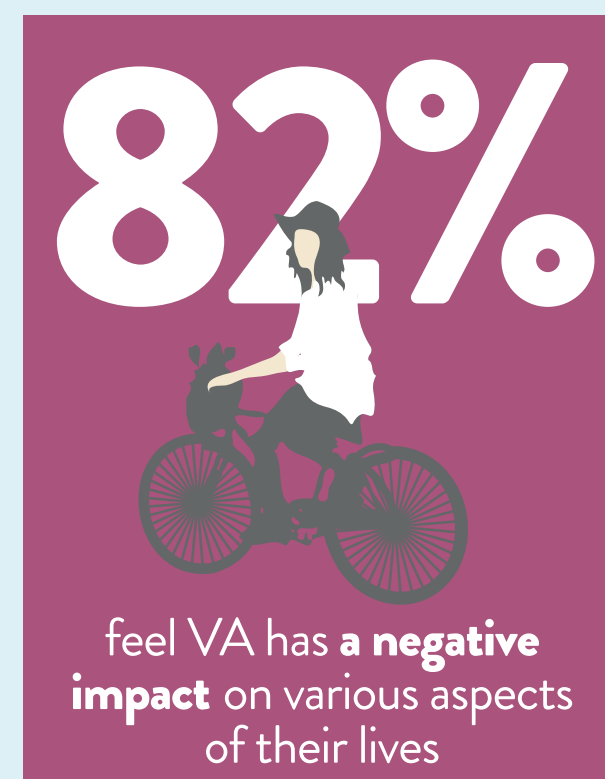
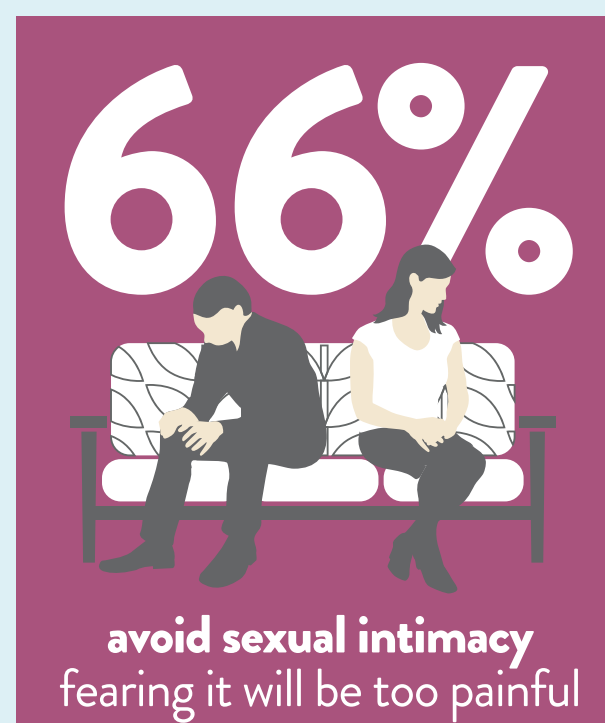


Vaginal atrophy (VA) is a common and chronic, yet treatable, condition of menopause caused by a reduction of estrogen. Left untreated, VA worsens over time.

You are not alone. VA affects **1 in 2** women within three years of menopause.



VA can affect health, intimacy, relationships, self-confidence and overall quality of life. As revealed by surveys of Canadian postmenopausal women:



The Society of Obstetricians and Gynaecologists of Canada (SOGC) recommends **local estrogen therapy** to restore estrogen to the vagina and effectively treat VA.



Ask your doctor about **low-dose, mess-free local estrogen treatment options for VA.**

Visit **STARTTALKINGVA**.ca for more information